





TDD/TTY: 800-735-2964 NON-EMERGENCY PHONE NUMBERS www.readynh.gov 800-852-3792

TDD/TTY: 800-735-2964 www.ReadyNH.gov/rep

Call 2-1-1

FOR INFORMATION DURING AN EVENT

https://public. coderedweb.com/cne/ bf065f487535

@NH_HSEM readynh.gov

FOR STATION INFORMATION:

Seabrook Station Homepage www.SeabrookStation.com

Follow us on Twitter

NH.HSEM

will be alerted through mobile alerts, outdoor warning sirens and marine radio

EMERGENCY ALERT SYSTEM

Information will be provided regularly.

sure they are also aware ot the event.

Do not worry if you miss the beginning of an emergency broadcast.

Instructions may be given to you at any hour, day or night, and will include

The emergency alert system is the direct link between you and the people

When you become aware of an emergency, check with your neighbors to make

If you receive an emergency alert, go inside your home or a nearby building and

The outdoor warning sirens will make a steady three to five minute sound.

recommendations as to what you should do for your protection.

turn to the emergency alert system station WOKQ 97.5 FM.

My local emergency management office phone number is: My plan for my pets: I can pick my children up from their reception center at: My best evacuation route is:

My emergency reception center is located at:

information that will help you and your family be prepared. To save time and avoid confusion during an emergency, there are a few pieces of

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EMERGENCY NA DNIAUG **FOR USE** KEED THIS

While your neighbors at Seabrook Station work to ensure the facility remains one of the safest power plants in the nation, we want you to be aware of our plan to keep you safe in an emergency.

HOW TO SHELTER IN PLACE

- » Stay inside. Keep all children and pets inside.
- » Close all doors and windows and turn off all sources of outside air.
- » Monitor the emergency alert station WOKQ 97.5 FM.
- » If sheltering in place is recommended during school hours, children will be sheltered at the school and cared for by school personnel.

WHAT TO DO DURING AN EVACUATION

If an evacuation is necessary, public safety officials will tell you over the emergency alert system radio station what to do. DO NOT evacuate unless directed to do so by public safety officials.

» Only take what you will need, including:

□ extra clothing □ prescription medications □toiletries and medical supplies □blankets □ checkbook, credit card, □pillows

» Take your pets with you. Reception centers do not accept animals other than service animals. Plan in advance what you will do with your pets should you have to evacuate.

» DO NOT try to pick up children at their schools. The school will transport your child to the community's reception center where you can be reunited.

» **DO NOT** call your local fire or police departments for information. Emergency workers will need their telephone lines for emergency use. If you need special help, call your local Emergency Management Office.

» Stay tuned to your Emergency Alert System radio station WOKQ 97.5 FM.

EMERGENCY ALERT SYSTEM **STATION**

□ baby supplies

☐ special dietary foods

☐ driver's license or

identification

WOKQ 97.5 FM

If you have questions during an event call

2-1-1

RECEPTION CENTERS

Reception centers are opened to monitor evacuees for radiological contamination. After checking in at the reception center, short-term housing and food is available at mass care shelters.

Community	Reception Center location
Brentwood	
East Kingston	
Exeter	
Hampton Beach	
Kensington	Memorial High School
Kingston	1 Crusader Way (via S. Porter St.)
Newfields	Manchester
Newton	
Seabrook	
South Hampton	
Stratham	
Greenland	
Hampton	
Hampton Falls	Dover Middle School
New Castle	16 Daley Dr. (off NH RT 108) Dover
North Hampton	
Rye	
Portsmouth	Rochester Middle School 47 Brock St. Rochester

TO CHILDREN IN SCHOOL OR CHILD CARE

During emergencies, most schools in the emergency planning zone will release students early. If your community is instructed to evacuate before you have been able to pick up your child, the school will transport your child to the community's reception center where you can be reunited.

PLAN FOR YOUR PETS NOW

If you go, they go. Do not leave your pets behind. It is possible that only service animals will be allowed inside the reception center. Take the time now to locate a facility outside of the emergency planning zone that will accept your pet if you need to evacuate.

Prepare an emergency kit for your pet: collar, leash, 3-day supply of food, bowls, litter box, current photo, and a one-week supply of necessary medications. Proof of current rabies vaccination is required for admission into any shelter. Use a pet carrier for each pet to make transport easier.

FARMERS

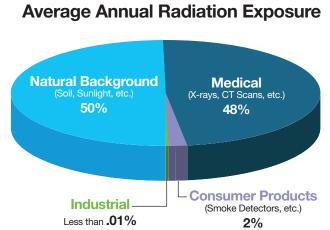
A fact sheet is available for farmers, food processors and food distributors located within 50 miles of the Seabrook Station Nuclear Power Plant. Go to:

ReadyNH.gov/rep or call the New Hampshire Department of Agriculture, Markets, and Food at **603-271-3551**

UNDERSTANDING RADIATION AND POTASSIUM IODIDE

Radiation is not new or mysterious – it is a natural part of our environment. Radiation is energy that is given off as a particle or wave and radioactive elements are naturally occurring in small amounts throughout our environment. In the United States, natural sources account for most of the radiation we are exposed to each year. Radiation also comes from medical tests such as X-rays, CT scans and nuclear medicine studies. Less than 1% of the radiation to which people are exposed comes from nuclear power plants.

Exposure to large amounts of radiation can be harmful to human health. The State of New Hampshire has made potassium iodide, also known as KI, available to people who live or work in the emergency planning zone at no charge. In the unlikely event of a radiological emergency, the state may recommend individuals take KI. Go to ReadyNH.gov/rep to complete the potassium iodide application form.



Source: National Council on Radiation Protection and Measurements Report 160 (2009)

EMERGENCY ASSISTANCE CARD

This information will be kept confidential – for state and local official use only.

Do you require assistance in an emergency?

It is important that you make any access and functional needs known before hand. If you have a need that may cause you to require additional assistance in an emergency, please fill out and return this card as soon as possible. Also, if you know someone in your area that may require additional assistance in an emergency, please urge them to complete and return this card.

Even if you sent in an Emergency Assistance Card in the past, a new card should be sent in each year.

Complete online at: www.ReadyNH.gov/rep

Please cut along dotted line and mail. No postage is necessary.

I/this person will need assistance in an emergency: Name	Please mark EACH box that applie to your need:	
Address/City/Zip	☐ Residing at ar	n assisted
Addie55/Oity/Zip	living facility	
	☐ Communication	
Phone (Home)	□Vision	
Cell	□ Supervision	
	☐ Mobility	
E-mail	□ Medical	
Relative/person we can notify to assist you in an emergency:	☐ Service Animal	
Name	Type:	Weight:
Address/City/Zip	☐ Evacuation as	sistance will be
	needed out of home Transportation	
Dhana (Llare)		
Phone (Home)	Obus	
Cell	O Wheelchair Accessible Vehicle	
E-mail	○ Ambulance	
Additional notes:		

» Sign up for Seabrook Station emergency planning zone alerts at: https://public.coderedweb.com/cne/bf065f487535



An **Unusual Event** means a minor problem has occurred at the plant. Public officials would be notified, but people in the area would not need to take any special actions.



An **Alert** means plant safety could be affected. As a precaution, public officials may release school children early and clear state parks and waterways. Radio or news broadcasts would inform the public of these actions.



A Site Area Emergency means a more serious problem has occurred. State and local officials will use the emergency alert system to keep people in the area fully informed. Sirens and mobile alerts would notify persons in the area.



A **General Emergency** is the most serious type of emergency. It could involve serious damage at the plant and the release of radioactive materials. Sirens and mobile alerts would notify persons in the area. State and local officials will use the emergency alert system to issue special instructions to those in the area.

Hampton Falls

» Rte. 84 West to Rte. 150 North to Rte. 108

Portsmouth Ave.) to Dover.

(Rte. 28) in Manchester.

Kingston

New Castle

Newfields

Newton

28) in Manchester.

Manchester.

North Hampton

North (Portsmouth Ave.) to Dover.

North through Exeter (right on High St., left on

» Or, Rte. 88 West via Holland Way to Route 108

» North: Rte. 150 North to Rte. 108 South to Rte.

107 North to Rte. 111 West to I-93 North to

I-293 North to Exit 1/South Willow St. (Rte. 28)

South: Rte. 107 North to Rte. 111 West to I-93

North to I-293 North to Exit 1/South Willow St.

» Rte. 111 West to I-93 North to I-293 North to

Exit 1/ South Willow St. (Rte. 28) in Manchester.

» Take Rte. 1B east to Portsmouth. Turn RIGHT

Turn LEFT on Congress St. Turn RIGHT on

Maplewood Ave. Turn LEFT on Cutts St. Turn

RIGHT onto ramp for Route 1-Bypass (South/

West). At the traffic circle, take the FIRST exit

» Rte. 87 West to Rte. 125 North to Rte. 152 West to US Rte. 4 West to I-393 to I-93 South

to I-293 South to Exit 1/South Willow St. (Rte,

» Rte. 108 South to Rte. 110 East to I-495 South.

Then Rte. 213 West to I-93 North to I-293

North to Exit 1/South Willow St. (Rte. 28) in

East of US Rte. 1: Rte. 111 West (Atlantic Ave.),

across US Rte. 1 to Rte. 151 North to Rte. 33

East to I-95 North to Spaulding Tpk. (Rte. 16)

North to Rte. 108 South (Exit 7) in Dover.

Or, Mill Rd. North to Washington Rd. West

to US Rte. 1 North. Then Rte. 1 Bypass to

Portsmouth traffic circle to Spaulding Tpk. (Rte.

16) North to Rte. 108 South (Exit 7) in Dover.

East to I-95 North to Spaulding Tpk. (Rte. 16)

West of US Rte. 1: Rte. 151 North to Rte. 33

North to Rte. 108 South (Exit 7) in Dover.

» South: US Rte. 1 North to Rte. 1 Bypass to

16) North to Rochester (Exit 12) to Rte. 125

North to Brock St. (left turn at 1st traffic light)

Route 1- Bypass. At the traffic circle, take the

Spaulding Tpk. at Exit 12 (Route 125 North) to

West: Woodbury Ave. North. Left at shopping

mall light to stay on Woodbury, to Spaulding

Tpk. (Rte. 16) North to Rochester (Exit 12) to

Rte. 125 North to Brock St. (left turn at 1st

» North of Rye Harbor State Park: Rte. 1A North

(Sagamore Rd. in Portsmouth to Miller Ave.) to

Maplewood Ave., to Woodbury Ave. North. Left

Middle St. (US Rte. 1 North), which becomes

at shopping mall light to stay on Woodbury,

to Spaulding Tpk. (Rte. 16) North to Rte. 108

South of Park: Grove Rd. West to Washington Rd. West (left at fork) to US Rte. 1 North to

Rte. 1 Bypass to Portsmouth traffic circle to

Spaulding Tpk. (Rte. 16) North to Rte. 108

» Beach: Rte. 286 West to Forest St. to I-95 South to I-495 South. Then Rte. 213 West to

Inland: Rte. 107 (New Zealand Rd.) to I-95

South to I-495 South. Then Rte. 213 West to

Hilldale Ave. West or Rte. 107A North, to Rte.

108 South to Rte. 110 East to I-495 South.

Then Rte. 213 West to I-93 North to I-293

Rte. 108 North to US Rte. 4 West to I-393

» Or, Rte. 108 North to Rte. 152 West to US

Rte. 4 West to I-393 to I-93 South to I-293

South to Exit 1/ South Willow St. (Rte. 28) in

Willow St. (Rte. 28) in Manchester.

to I-93 South to I-293 South to Exit 1/South

North to Exit 1/South Willow St. (Rte. 28) in

I-93 North to I-293 North to Exit 1/South Willow

I-93 North to I-293 North to Exit 1/South Willow

East: Take Middle Street (US 1) South. Turn RIGHT on Greenleaf Ave. Turn RIGHT on

SECOND exit Spaulding Tpk. (Rt. 16). Exit

Brock Street (left at first light).

traffic light).

South (Exit 7) in Dover.

South (Exit 7) in Dover.

St. (Rte. 28) in Manchester.

St. (Rte. 28) in Manchester.

South Hampton

Manchester.

Manchester.

Seabrook

Rye

Portsmouth traffic circle to Spaulding Tpk. (Rte.

(SR 16, Spaulding Tpk.). Exit Spaulding Tpk. at

on Marcy St. Turn LEFT on Pleasant St.

Exit 7 (Route 108 South), Dover.

EVACUATION ROUTES

Brentwood

- » North Rd. West to Rte. 125 North to Rte. 101 West to Manchester.
- » Or, South Rd. or Rte. 111A West to Rte. 107 North to Rte. 101 West to Manchester.

» Rte.107 North to Rte.125 South to Rte. 111 West to I-93 North to I-293 North to Exit 1/ South Willow St. (Rte. 28) in Manchester

Exeter

- » North: Rte. 108 North (Portsmouth Ave.) to Rte. 152 West to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- Or, Rte. 85 North (Newfields Rd.) to Rte. 87 West to Rte. 125 North to Rte. 152 West. Then US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/ South Willow St. (Rte. 28) in
- South: Rte. 111 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.
- Or, Rte. 108 South to Rte. 107 North to Rte. 111 West to I-93 North to I-293 North to Exit 1/ South Willow St. (Rte. 28) in Manchester.
- » West: Rte. 111A West to Rte. 107 North to Rte. 101 West to Manchester.

Greenland

» Rte. 33 East to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.

- » Hampton Beach (residents) and North Beach: to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- Hampton Beach (residents) and North Beach: If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/ sign for Rochester) to Rte. 108 South to Dover.
- Or, Rte. 1A North to Rte. 111 West, across US Rte. 1, to Rte. 151 North to Rte. 33 East to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/ sign for Rochester) to Rte. 108 South to Dover.

Hampton Beach (visitors only):

- » Rte. 1A North (Ocean Blvd.), left on Highland Ave., to Rte. 101 West to Manchester.
- » Or , Rte. 1A North to Rte. 27 West to I-95 North to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28)
- Or, Rte. 1A North to Rte. 111 West to Rte. 151 North to Rte. 33 East to I-95 North. Then Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- Or, Rte. 1A North to South Rd. West to West Rd. Go north on West Rd. to Washington Rd. West to US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to US Rte. 4 West. Then I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- Or, Rte. 1A North to Washington Rd. to Lang Rd. North to US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to US Rte. 4 West. Then I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte.28) in Manchester.

Inland Hampton:

- » East of I-95: Rte. 27 West to Rte. 101 West to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- » If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/ sign for Rochester) to Rte. 108 South to Dover.
- Or, US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7)
- Or, US Rte. 1 North to Breakfast Hill Rd. West to Rte. 151 North to Rte. 33 East to I-95 North Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/
- sign for Rochester) to Rte. 108 South to Dover. » West of I-95: Rte. 27 West to Rte. 108 North (Portsmouth Ave.) to Dover.

EMERGENCY BUS INFORMATION

If your community is evacuated and you do not have your own transportation, buses will travel along designated routes to pick you up and take you to your reception center.

Learn more:

www.ReadyNH.gov/rep

EMERGENCY ALERT SYSTEM STATION

WOKQ 97.5 FM

If you have questions during an event call

2-1-1

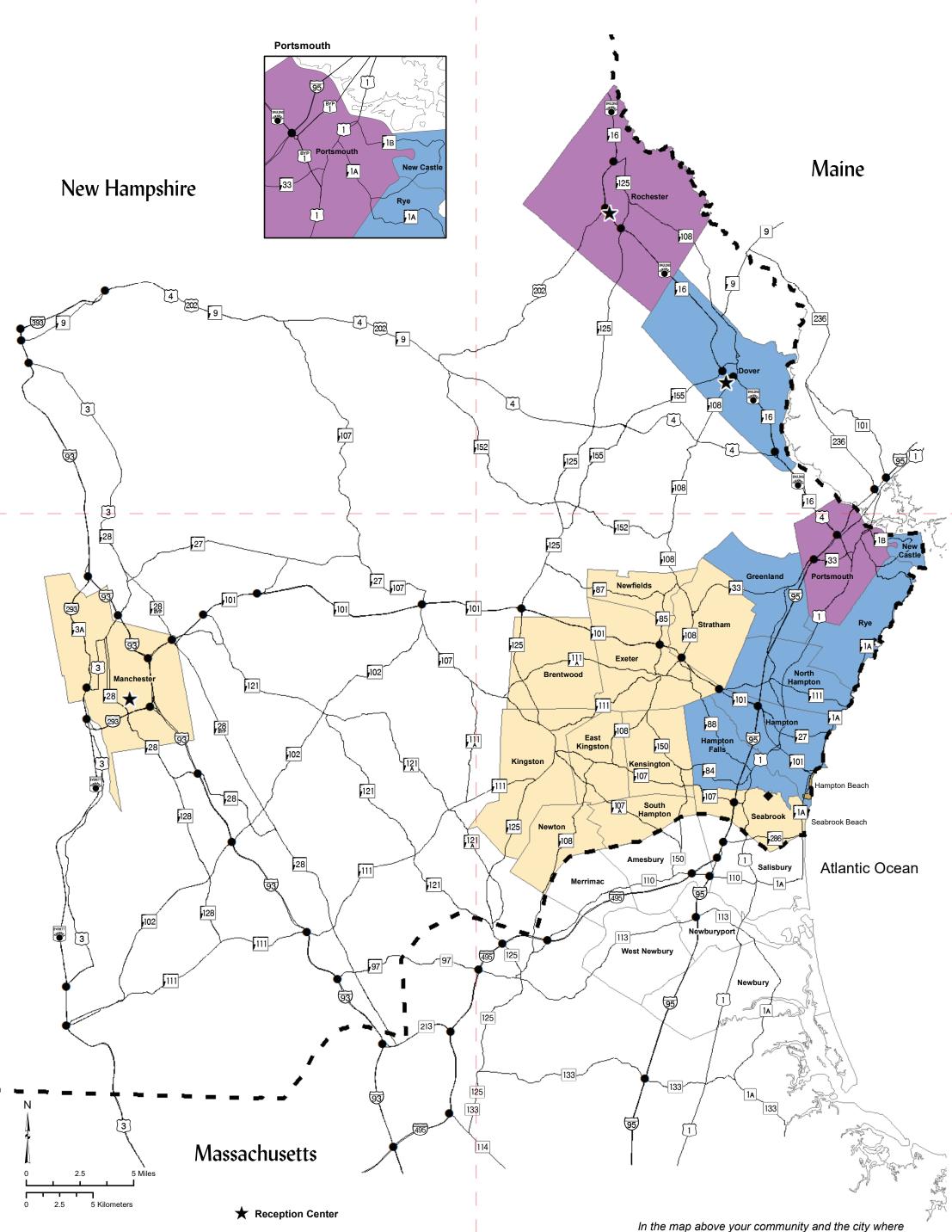
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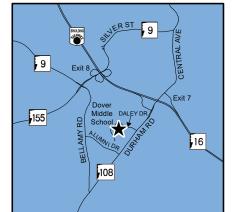
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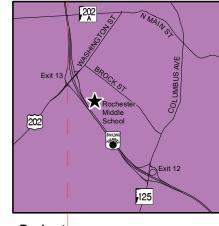


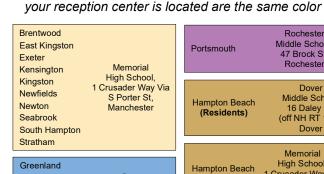


Dover



WESTON RD 293 101 28





Hampton Falls

New Castle

47 Brock St, Middle School 16 Daley Dr, (off NH RT 108) High School, Hampton Beach 1 Crusader Way Via S Porter St,

Middle School,

Dover Middle School, 16 Daley Dr, (off NH RT 108), HOMELAND SECURITY EMERGENCY MANAGEMENT

Manchester

Rochester